

# Autism Edmonton's Next Steps: Guide to Autism Resources

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### **DISCLAIMER:**

Autism Edmonton **does not** endorse any service or organization listed in the Next Steps guide.

This guide is intended only to help families and individuals navigate their options for services, while guiding them to the most relevant autism resources.

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# Membership

Membership with Autism Edmonton is now FREE!

**Want to join us as a member? Sign up now using this convenient online form!**

By becoming a member of Autism Edmonton (previously known as Autism Society of Edmonton Area, or ASEA), you will be joining a community of like-minded people that, for decades, has given strength, support and hope to families and individuals affected by autism. Membership is available to all individuals, free of charge, with no expiration date.

**Autism Edmonton membership benefits give you:**

the opportunity to take advantage of Autism Edmonton's programs and workshops  
the first look at Autism Edmonton's publications (Autism Now magazine, Autism Monthly e newsletter)  
the ability to check-out helpful educational materials (including digital media and Autism Edmonton's  
in-office library) exclusive access to additional online resources

<http://www.autismedmonton.org/autism-edmonton-membership-online-registration>



# Diagnosis Process

The first step in the diagnosis process is the school, pediatrician or family doctor will indicate that there are potential developmental issues. The next step is to your family physician or pediatrician for an initial screening.

If you are interested in having your child assessed at the Glenrose Rehabilitation Hospital, contact your child's physician who can complete the [Developmental Pediatric Referral Form](#) and fax it to the Glenrose Rehabilitation Hospital:

Pediatric Central Intake at 780-735-6293.



# Glenrose Rehabilitation Hospital Services for Children with Autism

[The Glenrose Pediatric Autism Clinic](#) is consultative in nature and serves children diagnosed with Autism Spectrum Disorder who have unresolved complex tertiary level medical, behavioral and/or developmental needs.

For further information, please contact the clinic at 780-735-6134.

For your child's regular health needs, please ensure your child has a [Family Doctor or Pediatrician](#).



# FSCD and Establishing Special Services

**The Family Support for Children with Disabilities (FSCD) Program** provides supports and services to help strengthen families and promote the development of your child in every area. To begin the [intake process](#) for FSCD you will need to:

- Create an account with [Alberta Supports](#)
- Complete application form
- Copies of all assessments and documentation
- Copy of your **Glenrose** report

The second step will be a home visit where the FSCD worker will observe your child in their natural environment. It is important to keep things as they would be on a daily basis. The worker needs to see the reality of your child's situation in order to best provide services. This visit is not about a clean house and good behavior; it is about the reality of your life.

The worker will then negotiate a service contract with you. FSCD can provide various supports and resources that will support your family. Please review the following [chart](#) for a Summary of Supports and Services provided under the FSCD Act. Please refer to the [FSCD Policies and Procedures Manual](#) for more details on the services that FSCD provides.

If you disagree with an FSCD decision, you may appeal the decision. Click here to learn more about the [Concerns Resolution Process](#).



# Service Providers

## [Innovative Intervention Services Inc.](#)

Phone: (780) 634-0022

Email: [innovativeintervention@telus.net](mailto:innovativeintervention@telus.net)

## [Qi Creative](#)

Phone: (780) 554-8745

Email: [info@qicreative.com](mailto:info@qicreative.com)

## [Centre For Autism Services](#)

Phone: (780) 488-6600

Email: [info@centreforautism.ab.ca](mailto:info@centreforautism.ab.ca)

## [Khan Communication Services](#) (ages 4+)

Phone: (780) 440-3251

## [New Family Solutions](#)

Phone: (780) 987-4374

## [Grow Happy\(Behaviour\)](#)

Amy Bishop, M.A

Phone: (519)494-0936

Email: [abishop@grow-happy.ca](mailto:abishop@grow-happy.ca)

## [Over the Rainbow](#)

Phone: (780) 758-6988

Email: [info@otrainbow.ca](mailto:info@otrainbow.ca)

## [Carepros](#)

Phone:(587) 800-3727

E-mail: [info@carepros.ca](mailto:info@carepros.ca)

## [Children's Autism Services of Edmonton](#)

Phone: (780)495-9235

Email: [info@childrensautism.ca](mailto:info@childrensautism.ca)

## [Growing Changes](#)

Phone: (780) 965-4310

## [Kindred Kids Intervention & Consulting Services Inc.](#)

Phone: (780) 235-4929

Email: [jessica.kindred@shaw.ca](mailto:jessica.kindred@shaw.ca)

## [GRIT – Getting Ready for Inclusion Today](#)

Phone: (780) 454-9910

Email: [gritprog@gritprogram.ca](mailto:gritprog@gritprogram.ca)

## [Ability4Good](#)

Phone: (780) 442-2740

Email: [info@ability4good.com](mailto:info@ability4good.com)

## [From Play to Words](#)

Phone: 780-571-0880

Email: [info@fromplaytowords.com](mailto:info@fromplaytowords.com)

## [Seden Centre](#)

Phone: 780-570-0661

Email: [sedencentre@shaw.ca](mailto:sedencentre@shaw.ca)

Families also have the option of selecting their own therapists and creating a Family Directed Support Services Team for Specialized Services and Behavior or Development Support Contracts. Please contact Autism Edmonton to learn more about this option.

# Respite Providers

## [Transitions – Building New Tomorrows](#)

Phone: (780) 458-7371

Email: [info@transitions-ab.org](mailto:info@transitions-ab.org)

## [Children’s Autism Services of Edmonton](#)

Phone: (780)495-9235

Email: [info@childrensautism.ca](mailto:info@childrensautism.ca)

## [Centre For Autism Services](#)

Phone: (780) 488-6600

Email: [info@centreforautism.ab.ca](mailto:info@centreforautism.ab.ca)

## [Alberta Adaptabilities Association](#)

Phone: (780) 431-8446

Email: [info@adaptabilities.ca](mailto:info@adaptabilities.ca)

## [Robin Hood Association](#)

Phone: (780) 467-7140

Email: [info@robinhoodassoc.com](mailto:info@robinhoodassoc.com)

## [Alberta Special Needs Care Providers](#) (Independent Contractors)

## [YWCA Edmonton \(Disability Services\)](#)

Phone: (780) 423-9922

Email: [info@ywcaedm.org](mailto:info@ywcaedm.org)

## [Saint Elizabeth Home Care](#)

Phone - (905) 940-9655

Email: [communicationsSEHC@sehc.com](mailto:communicationsSEHC@sehc.com)

## [Post Natal Care Services](#)

Phone: (780) 433-9601

Email: [info@postnatalcareservices.com](mailto:info@postnatalcareservices.com)

## [Kids Kottage Foundation](#)

Phone: 780-944-2888

Email: [info@kidskottage.org](mailto:info@kidskottage.org)

## [Maitland House](#)

Phone: 780-960-0593

Email: [afsc@shaw.ca](mailto:afsc@shaw.ca)

## [Blue Heron Support Services](#)

Phone: 780 674-4944

Email: [contact@bhssa.ca](mailto:contact@bhssa.ca)

## [Nurse Next Door](#) ( child and adult respite as well )

Phone: 1-877-588-8609

## [Wild Rose Caregivers](#)

Phone: (780) 756-2700

email: [info@wildrosecaregivers.com](mailto:info@wildrosecaregivers.com)

## [Skills Society](#)

Phone: (780) 496-9686

Email: [admin@skillsociety.ca](mailto:admin@skillsociety.ca)

## [Crossroads Family Services](#)

Phone (780) 430-7115

Email: [main@crossroadsfs.ca](mailto:main@crossroadsfs.ca)

- [Carepros](#)
- Phone:(587) 800-3727
- E-mail: [info@carepros.ca](mailto:info@carepros.ca)



# Behavior Concerns

When you are faced with behavioral issues that require additional support there are a number of resources available to help you through this situation:

[Your FSCD Worker](#)

[The Autism Clinic](#) – 780-735-6115

[Autism Edmonton](#) – 780-453-3971

[Triple P Positive Parenting](#) – Particularly Triple P Stepping Stones which is geared toward special needs children.

[Positive Behavior Supports for Children](#) is a collection of resources curated by Alberta Health Services

[Positive Behavior Supports](#) video series, created by Mount Royal University

[Facebook Supports/Groups](#)

[Behavior Support & Family Services](#) – 780-231-3208 E-mail- [info@behaviorsupport.ca](mailto:info@behaviorsupport.ca)

It is important that parents, teachers and aides work together to help regulate your child's behavior and set up strategies to deal with future events. Suggest that both teachers and aides complete the free video course in [positive behavior support](#). It would be beneficial for the parents to complete it as well so your child's entire team is on the same page.

[Edmonton Police Services](#) has a [crisis response team](#) that is available to help in crisis situations. Ensure to let them know you are calling about someone on the spectrum so they will be prepared to handle the situation accordingly.

Phone – 780-342-7777

E-mail – [eps@edmontonpolice.ca](mailto:eps@edmontonpolice.ca)





# Education & Diverse Learners

All children can learn and reach their full potential when they are given opportunities, effective teaching and appropriate resources. Decision related to the placement of students with ASD are best made on an individual basis in a way that maximizes their opportunity to participate fully in the experience of schooling.

In Alberta, educating students with ASD in inclusive settings is the first placement option to be considered by students, parents and school authorities. Other options should be examined when an inclusive setting is not meeting the child's needs.

Please visit the Alberta Education, Diverse Learners [website](#) to learn more.

It is recommended that parents familiarize themselves with legislation, policy and procedures related to special education needs and funding. Please visit the following links:

[Standards for Special Education](#)

[Essential Components of Educational Programing for Students with Autism Spectrum Disorder](#)

[Funding Manuals for School Authorities](#)



# Education Options

Choosing an appropriate school option can help unleash the full potential of a student. There are a variety of options;

## 1. Inclusive Education in a traditional school (Public, Catholic and French Immersion Boards)

In Alberta, educating students with ASD in inclusive settings is the first placement option to be considered by students, parents and school authorities.

Visit your [Local School Board](#) website to begin researching Inclusive Education Options. If moving into a new area, please contact the school board as far ahead of time as possible. Ask for a contact name at the school board to open a file and receive help in choosing right school. Edmonton is District Number 7.

<http://www.epsb.ca/>

<http://www.epsb.ca/programs/specialeducation/>

Parents will need to interview principals and Inclusion Coordinators and view classrooms in schools they are considering for their child. Make early appointments in the registration period to allow for negotiation.

All testing and diagnosis documentation should be copied for the school Inclusion Coordinator. Parents should keep originals of all documentation in a file.

Edmonton Public School Board and [District Support Services](#) will advise parents about school programming and locations That might be best for your child's situation. Please contact at: **(780) 429-8030**



# Education Options Continued

## 2. Specialized Programming for Diverse Learners in Public School Boards

### Edmonton Public Schools Options

- a. **The Interactions Program** (5.5 to 20 yrs. old) – This program supports students with ASD. The program features structured environments with regular routines, smaller class sizes with targeted instruction, visual aides, concrete examples and hands-on activities, positive behavior supports and opportunities to join other classes for instruction in the students areas of strength. Click [here](#) to learn more about the interactions program.
- b. **Opportunities, Community Learning Skills, Behavior and Learning Assistance, Individual Supports, Opportunities, Challenges, Extensions and Strategies.** Although not specific to ASD, these programs may be a good fit for your child. Click [here](#) to learn more about these programs.

### Edmonton Catholic Schools

- a. **The GIST (Genesis Inclusive Support Transition) Program** (grades 1, 2 and 3) – Short term support (10 weeks) is provided for children in GIST at the Genesis Centre for Learning. The classroom team consists of a teacher, behavior specialist and early learning facilitator. This team works in collaboration with the community school teacher and multidisciplinary learning team. The child's Educational Assistant (EA) fully participates in the intervention program. After the 10 week period, the child and EA are transitioned back to the community school and inclusive classroom. To learn more about GIST, click [here](#).

### French Immersion and Surrounding Areas

For Specialized Programming for Diverse Learners in the French School Board and areas surrounding Edmonton, please visit your [Local School Board](#) website to learn more.



# Education Options Continued

## 3. Private and Charter School Options

**Elves Special Needs Society** (ages 5 to 20 yrs.) – Elves is a private school serving children from early education thru to grade 12. The program provides individualized, evidence based education programming to support learning and growth. Adapted or modified curriculum for learners with developmental delays, fragile medical conditions, Down Syndrome, Cerebral Palsy, Autism and other conditions that present learning challenges. To learn more about Elves and their admission criteria, please click [here](#).

**E2 Academy** (Grades 2 thru 12) – E2 Academy is a private school offering a unique full-time education program that follows the Alberta program of studies. E2 Focuses on serving the needs of a group of students that can be poorly served by the existing school system: Twice Exceptional (2e) Learners. 2e learners have learning differences such as ADHD, ASD, Dyslexia, Visual/Auditory/Sensory processing disorders or anxiety. They also have incredible creative and intellectual gifts related to their uniqueness in processing. Programming focuses on student-centred, strength based educational models that will optimize each students' intellectual, academic and social development so students are able to reach their highest potential. The program also features a small class size with approximately a 1:9 teacher/student ration. To learn more about E2 Academy and their admission criteria, please click [here](#).



# Education Options Continued

## 4. Home Schooling, Outreach, Cyber High and Distance Education

**Home Schooling** removes the social/peer pressure and allows for accommodation as students can work at their own pace particularly for those that are bullied. It may also eliminate social and emotional difficulties. It also provides students the opportunity to take academic strengths and weaknesses into account in programming and course selection. It also prevents mistreatment of children by school administrators. [Click here](#) for a list of Home Schooling options.

[Alberta Distance Learning Centre ADLC](#) provides distance learning for students from grades 1 – 12. ADCL is based on the Alberta Curriculum and offers for credit distance coursework as well as curriculum enhancement for students who are in traditional school but struggling with academics.

Similarly **Outreach** and **Cyber High School** options also help remove some of the social pressure and are accommodating to the individual needs of the student. Please visit your [Local School Board](#) website to check if these options are available where you live.

# Academic Supports for Students with Autism

[Center for Literacy](#) – Edmonton’s Premier diagnostic and teaching clinic for students with reading, writing, and math disabilities or difficulties

Phone: 780-434-3698

[Disability Related Employment \(Education\) Supports \(DRES\)](#)

Education supports help learners with disabilities who are out of the kindergarten to grade 12 school system. These supports prepare learners with disabilities for employment through post-secondary education, basic skill training, academic upgrading or labor market programs. Supports may include sign language interpreters, tutors, note takers, and assistive technology such as software programs specific to the disability.

[Oxford Learning Centre](#) – Various locations throughout Edmonton

[Sylvan Learning Centre](#) – Various locations throughout Edmonton

[Kumon Learning Centre](#) - Kumon helps accelerate your child’s learning, from as young as age 3 all the way through high school

[School is Easy Tutoring](#) : School is easy tutoring is a tutor referral agency for in home tutoring (or at a public library if preferred). We teach all grades and subjects from kindergarten to adult students. We have teachers experienced in working with autistic students and they have a proven record of being patient and compassionate



# Individual Program Plans (IPP's) & Behavioral Support Plans (BSP's)

Alberta Education allows students with learning difficulties the access to appropriate adapted academic accommodations and related adaptive technologies according to their special needs.

The Individual Program Plan (IPP) is a written commitment of intent by education teams to ensure appropriate planning for individual students with special needs and a working documents that records a student progress. The IPP process is a collaborative team efforts involving students, parents, regular education teachers and resource personnel. To learn more about the IPP process, please click [here](#).

All children with behavior issues should have a **Behavior Support Plan (BSP)** as part of their **Individual Education Plan (IEP)**. To learn more about the BSP process, please click [here](#). Additional Resources:

[Growing Changes](#) – 780-965-4310

[Positive Behavior Supports for Children](#)

[Over the Rainbow](#)

Phone: (780) 758-6988

Email: [info@otrainbow.ca](mailto:info@otrainbow.ca)

[Carepros](#)

Phone:(587) 800-3727

E-mail: [info@carepros.ca](mailto:info@carepros.ca)



# Education & Dispute Resolution

## **School Level Dispute Resolution Process**

Alberta school authorities must make reasonable efforts to resolve concerns of parents. Despite these efforts, when parents do not agree with a decision related to their child's education, the first step is to talk to the teacher to try to resolve the concern together. If you are unable to resolve the concern, the next step is to talk to the school's Principal or Assistant Principal. Together with the parent, teacher and school administration, most issues can be resolved. If the issue cannot be resolved, ask the Principal for a decision in writing.

## **School Board Level Dispute Resolution Process**

If the issue cannot be resolved at the school level, the next step is to contact the Catchment Area Inclusion Supervisor for your school board, if the local school program doesn't work for the child or the local school administration is uncooperative.

If you still do not agree with the Inclusion supervisors decision, you can write or telephone the School Board Superintendent and explain your concern. If the matter is not resolved by the Superintendent get the decision in writing. You may wish to ask the board to resolve concerns through its appeal process.

All school boards are required to have a board-level appeal process. You may use the board-level appeal procedure when a decision of an employee of the board significantly affects the education of a student. Your school board office can provide you with a copy of its appeal procedures to follow. An appeal to a school board must be conducted in an open, fair and timely way. This includes the opportunity for parents to share and present information about their concerns. Parents and school staff must share the relevant information with each other that they want the board to consider when making its decision. For more information about appeals to a school board, please contact the office of your superintendent of schools.





# Education & Dispute Resolution

## Alberta Education Dispute Resolution Process

The *School Act* requires school boards to have an appeal process for parents. The purpose of the local appeal process is to give a parent the opportunity to ask the board to reconsider a decision made about a student.

After completing an appeal to the school board, a parent or a student (over the age of 16) may ask the Minister to review their decision. The *School Act* permits the Minister to review a board's appeal decision on the following:

- placement of a student in a special education program;
- a matter referenced in Section 10 of the School Act (the right to receive school instruction in French);
- a home education program;
- expulsion of a student; and
- amount and payment of school fees.

The Minister will review the decision of the school board on a reasonableness standard. For more information about asking for a Review by the Minister, please contact the Learner Services Branch at 780-415-0783.

**If there are insurmountable barriers to negotiation, contact your local MLA.**



# Home Schooling

## [Centre for Learning @ Home](#)

Phone: **1 (800) 659-1945**

## [Education Unlimited](#)

Phone: **(780) 662-3634**

Email: [office@educationunlimited.ca](mailto:office@educationunlimited.ca)

## [The Home Education Exchange \(THEE\)](#)

Phone: **(780) 467-5511**

Email: [brett@thee.ca](mailto:brett@thee.ca)

## [Koinonia Christian School](#)

Phone: **(403) 346-1818**

Email: [admissions@koinonia.ca](mailto:admissions@koinonia.ca)

## [NorthStar Academy Canada](#)

Phone: **(430) 335-9587** or **1(877) 335-1171**

Email: [office@nsaschool.ca](mailto:office@nsaschool.ca)

## [Roots: Homeschooling Program of Rimby Christian School](#)

Phone: **(403)-616-1381**

Email: [coordinator@rootshomeed.com](mailto:coordinator@rootshomeed.com) or  
[office@rootshomed.com](mailto:office@rootshomed.com)

## [WISDOM Home Schooling](#)

Phone: **(780) 741-2113**

Email: [office@wisdomhomeschooling.com](mailto:office@wisdomhomeschooling.com)

## [Grande Yellowhead Public School Division](#)

Edson, Evansburg, Grande Cache, Hinton

Phone: **(780) 723-4496** or **1-800-723-2564**

## [Westaskiwin Regional Public School](#) : Home Education

Grades 1-12

Phone: **(780) 312-3000**

## [Wolf Creek Public Schools](#)

Home Education

Grades K-12

Phone: **(403) 783-3473**

## [E2@Home](#)

Phone: **(780)438-0824**

## [Vermillion Home Schooling Program and the School of Hope](#)

Phone: **(780) 853-2188** or **1(888) 350-HOPE (4673)**

Email: [bernadette.mcneil@ecacs16.ab.ca](mailto:bernadette.mcneil@ecacs16.ab.ca)

# Child Care Services

Children who receive FSCD supports can receive additional supports in a daycare or licensed day home, from enhanced ratios to 1 to 1 support. Please contact Family and Community Resiliency Childcare Services at 780-427-0444 to learn more. Below are a list of providers recommended by child care licensing.

## [Child Development Day Homes of Alberta](#)

10639 – 131 Street  
Phone: 780-444-2288

## [It's a Childs World](#)

Suite 201, 10335 – 178Street  
Phone: 780-489-2626

## [Wee Care Family Day Home Agency](#)

9904 – 103 Street  
Phone: 780-998-0888

## [Leduc-Strathcona Services for Children](#)

203, 937 Fir Street  
Phone: 780-464-5803

## [North Alta Family Day Home](#)

8155 – 79ave  
Phone: 780-448-1301

## [Child Care Services Alberta](#) [Child Care Lookup](#)

## [Parkland family Day Home Agency](#)

221A-1<sup>st</sup> Ave  
Phone: 780-962-5919

## [Glengarry Child Care Society](#)

13315-89 Street  
Phone: 780-478-4691 Ext 302

## [North Edmonton Family Day Home](#)

12704-101 Street  
Phone: 780-478-3376

## [Strathcona County Family Day Homes](#)

Email: [familyandcommunity@strathcona.ca](mailto:familyandcommunity@strathcona.ca)  
Phone:780-464-4044

## [Southgate Medallion Family Day Homes](#)

209 11 Fairway Dr.  
Phone:780-438-4012



# Financial Resources

There are a number of financial supports and benefits that families of children with disabilities may qualify for. The most common include:

1. **[The Disability Tax Credit](#)** (DTC) is a non-refundable tax credit that helps persons with disabilities or their supporting persons reduce the amount of income tax they may have to pay. A medical practitioner has to complete and certify that your dependent has a severe and prolonged impairment and must describe its effects.
2. **[The Child Disability Benefit](#)** (CDB) is a tax-free benefit for families who care for a child under age 18 who is eligible for the disability tax credit. The amount payable for CDB payments depends on your families income and the number of disabled children in the family.
3. **[Registered Disability Savings Plan](#)** (RDSP) is a savings plan that is intended to help parents and others save for the long term financial security of a person who is eligible for the disability tax credit (DTC). The RDSP is a valuable financial tool for families. Government Grants match contributions to the RDSP account between 100-300%. Canadian Savings Disability Bonds automatically get deposited to the RDSP account if the family income is less than the CSDB threshold amount, up to the age of 49. This is to a maximum of \$1,000/year and a lifetime maximum of \$20,000. Click [here](#) to learn more about the RDSP plan. Many financial institutions and brokers are licensed to sell RDSP's (Autism Edmonton does not endorse any specific financial institution or broker).



# Advocacy

## Gateway Association

Phone: (780) 454-0701

Email: [info@gatewayassociation.ca](mailto:info@gatewayassociation.ca)

## Inclusion Alberta

Phone: 780-451-3055

E-mail: [mail@inclusionalbarta.org](mailto:mail@inclusionalbarta.org)

[Facebook Page](#)

## Alberta Human Rights Commission

Duty to Accommodate: Interpretive Bulletin

## Canadian Human Rights Commission

Accommodation in the 21<sup>st</sup> Century

## Guardian Law Group - (403) 457-7778

**Janet Hutchison** - Chamberlain Hutchison Barristers & Solicitors ( for legal issues)

Phone: **780-423-3661 (ext.227)**

E-mail: [jhutchison@nucleus.com](mailto:jhutchison@nucleus.com)

**Meikle Osgood** - [Meikle Osgood Baristers and Solicitors](#) (for legal issues)

Phone: (780) 454-7111

E-mail: [info@meiklelaw.ca](mailto:info@meiklelaw.ca)



# Wandering Risk

Children on the Autism Spectrum will wander for various reasons; being overwhelmed with their surroundings, wanting to be in their favorite place or simply just to explore. Statistics show that 50% of parents with children on the spectrum confirm that their children wander and that the behavior normally peaks around the age of 4. Please click [here](#) to learn more about autism related wandering. There are a variety of resources to protect a child that is at risk of wandering. First of all children that wander should have [MedicAlert](#) ID tags so first responders can get in touch with the family and safely return the child.

Additional Resources:

[iLoc Technologies](#)

[Eyez-On](#)

[Awaare](#)

[No Child Without](#)

[Big Red Safety Box](#)

[SABRE Wireless Home Security](#)

[AngelSense](#)

[12 WAYS TO PREVENT, AND RESPOND TO, ASD WANDERING](#)



# Moving

Moving can be a stressful time for a child who is on the Autism Spectrum. Use things like social stories to help prepare your child for the move. Using social stories will help your child understand the situation and concept by using relevant cues, response or perspectives. Explain that things from the old house will come to the new house. Use pictures of the moving van, the new house, the new neighborhood, and their new bedroom to prepare them visually for the move. Involve your child in the new changes like packing their things. When changing schools, allow them to visit their classroom and school building before they start classes to help ease the stress of the transition and to allow them to adjust to their new atmosphere when less people are present.

**[Moving within Alberta to Edmonton](#)**

**[Moving within Canada to Edmonton](#)**

**[Moving from another Country to Edmonton](#)**

This article has some helpful information on how to help your child cope with moving:

**<https://www.homeadvisor.com/r/moving-with-autistic-child/>**



# Moving Within Alberta to Edmonton

Ask to have FSCD file transferred to the [Edmonton FSCD office](#).

Obtain a [Family Doctor or Pediatrician](#) for your child.

The Glenrose Pediatric [Autism Clinic](#) is consultative in nature and serves children with Autism Spectrum Disorder who have unresolved complex tertiary level medical, behavioral and/or developmental needs. If your child's physician feels that a referral is warranted, please have the physician fax a referral to the clinic at 780-735-6230. Documentation supporting the diagnosis of Autism is required.

Determine what school board the child will be registered with. Contact the [Local School Board](#) and ask for school locations. Edmonton is District Number 7.

<http://www.epsb.ca/>

<http://www.epsb.ca/programs/specialeducation/>





# Moving Within Canada to Edmonton

Make sure to get hard copies of all records and testing before leaving the local area.

Apply for [Alberta Health Care](#) as soon as residency is established. (There is a 3-month overlap with other provincial healthcare plans).

Obtain a [Family Doctor or Pediatrician](#) for your child.

The Glenrose Pediatric [Autism Clinic](#) is consultative in nature and serves children with Autism Spectrum Disorder who have unresolved complex tertiary level medical, behavioral and/or developmental needs. If your child's physician feels that a referral is warranted, please have the physician fax a referral to the clinic at 780-735-6230. Documentation supporting the diagnosis of Autism is required.

Contact [FSCD](#) (780) 644-1636 or [Alberta Supports](#) (780) 644-9992 to begin application process.

As soon as possible after arriving in the province determine area of residence and check the schools. Contact the [Local School Board](#) and determine if local schools are suitable. Edmonton is District Number 7.

<http://www.epsb.ca/>

<http://www.epsb.ca/programs/specialeducation/>

Register as early as possible for any special programming so that classes are not full.



# Moving from another Country to Edmonton

Make sure to get hard copies of all records and testing before leaving the local area.

Determine child's eligibility for programming in Alberta before moving. (Child and parents must be Canadian citizens or permanent residents).

Families and children that are not citizens or permanent residents of Canada will need to determine medical admissibility for their child. A child with a previous diagnosis of autism may be deemed medically inadmissible. Parents will need to document their ability to pay for all services their child may need.

Use a [Regulated Canadian Immigration Representative](#) to assist in this process.



# Health

[Finding a General Practitioner  
or Pediatrician](#)

[Dentists and Resources](#)

[Fitness and Nutrition](#)

[Private Speech/Language Pathology](#)

[Private Occupational Therapy](#)

[Private  
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[Sexual Health](#)

[Eye Exams](#)

[Autism Assistance Dogs](#)

[CASA](#): Child Adolescent and Family Mental  
Health

# Finding a Family Doctor or Pediatrician

## Options to find a Family Doctor

1. Call [Health Link](#) at 811 province wide. In addition to helping you find a family doctor, Health Link provides 24/7 telephone nurse advice and general health information for Albertans and information on diseases, treatments, staying well, and healthcare services
2. Use the [On-line tool](#) provided by the College of Physicians and Surgeons to find a doctor in your area.
3. Most family doctors are part of a [Primary Care Network](#) (groups of health professionals working together to coordinate your health care). PCNs have tools to help you find a family doctor

## Finding a Pediatrician

Speak with your family physician to obtain a referral to an Edmonton and Area Pediatrician if necessary

# Dentists

## [University Hospital Dental Clinic,](#)

Edmonton  
780-407-6854

## [Cool Smiles Children's Dentistry](#)

3203 50 Ave, Red Deer, AB T4N 3Y1  
403-342-5565

## [Windermere Pediatric Dentistry](#)

Unit #206, 316 Windermere Road NW  
780-484-5667

## [Children's Dental Centre](#)

210-11808 St Albert Trail, Edmonton  
780-428-5437

## [Sinai Dental](#)

112-15508 87 Avenue, Edmonton  
780-428-7767

## [Gateway Pediatric Dentistry](#)

#215, 2920 Calgary Trail NW, Edmonton, AB T6J 2G8  
780-705-5437

## [Dental Service Group](#)

10835-124 Street, Edmonton  
780-413-0824

[Axis Dental](#) – General Dentistry  
366 Saddleback Road, Edmonton  
780-437-4816

## [Nottingham Dental Clinic](#)

Phone: 780-467-2401  
330-664 Wye Road, Sherwood Park

## [Pediatric Dentistry on 160](#)

15961 97 St NW, Edmonton  
780-406-8870

## [Mirror Dentistry](#)

#219, 6650-177 St NW, Edmonton, AB, T5T 4J5  
(780) 489-9809

## [Dr. Ken Powell – Yellowbird Dental](#)

821 Saddleback Road  
Edmonton, Alberta  
Appointments: 780-435-5576

# Dental Resources

## [Healthy Smiles for Autism: Oral Hygiene Tips for Children with Autism Spectrum Disorder \(ASD\)](#)

A guide to help start an oral health routine at home with your child, eventually your child will learn how to independently complete each step in the routine.

## [A Special Needs Guide to Dental Hygiene](#)

A resource page for parents on how to help their child deal with all aspects of oral health including anxiety surrounding dental visits.

## [Dental Resources for Parents of Special Needs Children](#)

A resource page for parents on how to help their child deal with all aspects of oral health including anxiety surrounding dental visits.

## [Dentably- A guide for Autism and Dental Care](#)

A fantastic resource guide about ASD and dental services. There is information about what to ask the dentist, how to prepare for an appointment, and special accommodations.

## [How to Help Your Child with ASD Overcome Her Fear of the Dentist and Establish Lifelong Healthy Oral Hygiene Habits](#)

# General Health – Fitness & Nutrition

## [1. Canada's Food Guide](#)

A resource for knowing how much to eat, and what to eat.

## [2. Pediatric Centre for Weight and Health](#)

For kids aged 2 – 17 with a BMI  $\geq$  the 85<sup>th</sup> percentile. The PCWH provides a family-centred, multi-disciplinary approach to providing pediatric weight management care. This is part of Alberta Health Services' Provincial Pediatric Weight Management Model. There are three levels of services available in the model. Services include individual and group based programs, delivered by a multi-disciplinary team. There are locations in Calgary and Edmonton, but also flexible services for out-of-town families. A referral from a physician or nurse practitioner is required.

## [3. Pediatric Weight Management Services – Outpatient Dietitian Counselling](#)

Registered Dietitians throughout the province, with specialized training in Pediatric Weight Management, provide behavioural counseling, support and structure in making positive lifestyle changes for children and their families. Service targeted to children ages 2-17 years **with a BMI at or above the 85th percentile.**

## [4. AHS Weight Wise Adult Community Program](#)

This program provides weight management education and support to adult patients and health care professionals in the Edmonton Area

## [5. Dieticians of Canada – Find A Dietician](#)

You can check out this link below to find a registered dietician in the Edmonton area.

## [6. Palates Culinary Kitchen and Learning Centre](#)

Palates provides kids a diverse cooking program that will help them to be independent in the kitchen and learn important life skills

## [7. Eat This Much](#)

This Much automatically creates meal plans with your personalized, nutrition targets, food preferences, and budget, and then sends them to you every week with a grocery list.

## [8 Heart & Stroke Foundation Meal Planning Made Easy:](#)

Offers mealtime suggestions, planning templates, countless recipes, 'Heart Smart Home Cooking' videos and more. They also have their own magazine and various research studies into healthy living.

# General Health – Fitness & Nutrition

1. The [Leisure Access Program](#) allows eligible low-income Edmontonians to access participating City of Edmonton recreation facilities.

- Unlimited, free admission to [participating facilities](#)
- Discounts for registered programs

2. Online Resources

## [Workout Trainer](#)

- thousands of free workouts and custom training programs

## [JEFIT Workout](#)

- Free personal trainer, workout plans, exercise and fitness tracker and gym log.

## [Fitocracy](#)

- *Fitocracy* is an online game and social network that aims to use “gamification” to help users improve their fitness. Users log their daily fitness and “level up” and can compete with their friends.

## [Breathe2Relax](#)

- *Provides information on the effects of stress on the body and gives instructions and various exercises to help combat stress. This app is a great buddy when you are sad and upset, and also helps to stabilize your mood and control anger.*

## [Bodybuilding.com - Exercise Guides](#)

- *Excellent resource for anyone, regardless of fitness level, great pictures and videos to teach you how to target each muscle group effectively.*

Click on whichever muscle group you would like to target on the picture, and it will show you all the available exercises and how to do them properly.





# Private Speech/Language Pathology

## Alberta Speech & Language Association of Private Practitioners:

Phone: (780) 988-2217

E-mail: [info@asapp.ca](mailto:info@asapp.ca)

## From Play to Words

Phone: 780-571-0880

Email: [fromplaytowords@gmail.com](mailto:fromplaytowords@gmail.com)

## Speech Language Collaboration of Edmonton

Email: [slpedmonton@gmail.com](mailto:slpedmonton@gmail.com)

## Robin Illchuk (Registered Speech-Language Pathologist)

Phone: 780-935-9500

Email: [robin.speechpath@gmail.com](mailto:robin.speechpath@gmail.com)

Specializes in Down Syndrome and Autism

## Over the Rainbow

Phone: (780) 758-6988

Email: [info@otrainbow.ca](mailto:info@otrainbow.ca)



# Private Occupational Therapy

## Society of Alberta Occupational Therapists:

Phone: (780) 803-0350

E-mail: [info@saot.ca](mailto:info@saot.ca)

## Alberta College of Occupational Therapists:

Phone: (780) 436-8381

E-mail: [info@acot.ca](mailto:info@acot.ca)

## Growing Changes

Phone: (780) 965-4310

Email: [growingchanges@gmail.com](mailto:growingchanges@gmail.com)

## From Play to Words

Phone: 780-571-0880

Email: [fromplaytowords@gmail.com](mailto:fromplaytowords@gmail.com)

## Canadian Association of Occupational Therapists

### Family Support Solutions

Phone: Intake-780-974-0612

### Over the Rainbow

Phone: (780) 758-6988

Email: [info@otrainbow.ca](mailto:info@otrainbow.ca)

### Shelly Craig (website under construction)

Phone: (780) 709-4289

E-mail: [a.linktherapyservices@gmail.com](mailto:a.linktherapyservices@gmail.com)

Activities of Daily Living, including play with peers, self-care (feeding, dressing, toileting, personal hygiene), leisure activities inclusion with family community events, participating at school, in a fun and holistic way.

# Private Psychologists

## ABC Psychological Services, Colleen Stratton

Phone: 780-756-9280

Email: [colleen@abcpsychservices.com](mailto:colleen@abcpsychservices.com)

Information: Colleen performs the required preliminary assessments and if the evaluation indicates concerns for an Autism Spectrum Disorder she will recommend a referral to a neurodevelopmental assessment clinic

No ADOS

Not a counseling psychologist

## Naznin A. Virani – Sunrise Psychology

Phone (780) 416-4060

## **Corrine Eckert**

Phone: (780) 454-4634

Email: [ceckert@telus.net](mailto:ceckert@telus.net)

## Pool Psychological Services, Randy Pool M.Ed

St. Albert

Phone: (780) 901-7848

Email: [poolpsychologicalservices@gmail.com](mailto:poolpsychologicalservices@gmail.com)

## Jan-Marie Chrzanowski, Registered Psychologist

Phone: 1-855-544-3035

Information: Special interest & experience with autism. Intervention, play therapy, parent support. Gender Identity

## **Christin Tyerman**, Registered Provisional Psychologist

(780) 263-3462

[Christin.tyerman@gmail.com](mailto:Christin.tyerman@gmail.com)

## **Wanda Watson**

Phone: (780)887-1353

E-mail: [wandawatson@shaw.ca](mailto:wandawatson@shaw.ca)

## **Dr. Diane Hives**

Educational psychologist, Family and Marital Therapist

Phone: (780) 452-2559

Email: [hinvesdl@telus.net](mailto:hinvesdl@telus.net)

## Over the Rainbow

Phone: (780) 758-6988

Email: [info@otrainbow.ca](mailto:info@otrainbow.ca)

# Private Psychologists Continued...

## Nexus Psychology

11 Athabasca Avenue, Suite #144B  
All therapists are autism aware. Accepts all ages and families.  
Phone: 780 221 5721  
Email: [INFO@NEXUSPSYCHOLOGY.CA](mailto:INFO@NEXUSPSYCHOLOGY.CA)

## **Carie Anne Laturnus - Psychologist**

10443-85 Ave (Works with all ages)  
Phone: (780) 995-9361  
Email: [Carriel@telus.net](mailto:Carriel@telus.net)

## Dr. D-V Massey and Associates

Phone: 780-471-1860  
Information: Neuropsychology, Clinical and Consulting Psychologists

## **Maggie Davidson**

Private Practice  
Phone: (780) 916-3552  
Spruce Grove  
Email: [maggiedavidson42@gmail.com](mailto:maggiedavidson42@gmail.com)  
Information: Specializing in working with individuals with developmental disabilities including Autism

## Insight Psychological Services

Edmonton South: (780) 461-1717  
Edmonton North: (780) 478-2580  
Spruce Grove: (780) 962-3310  
Red Deer: (403) 346-1716

Information Counselling and Assessment  
Services Play Therapy & Children's Services  
Marriage and Family Services Grief

# Alternative Medicine

## Hoffman Centre For Integrative Medicine:

Dr. Bruce Hoffman (Registered Deaf/Autism Now Practitioner)

Calgary, AB

Phone: (403) 206-2333

E-mail: [assistant@hoffmancentre.com](mailto:assistant@hoffmancentre.com)

Dr. Steven K.H. Aung, MD, (traditional Chinese medical practitioner)

Phone: (780) 426-2760

E-mail: [draung@aung.com](mailto:draung@aung.com)

## Alberta Homeopathic Medical Clinic:

Dr. Danny Thomas B.Sc., D.M.S., H.D. - St. Albert

Phone: (780) 455-1623

Email: [info@askdrthomas.com](mailto:info@askdrthomas.com)

## Vital Health Clinic

Dr. Garry Schafer

#136 - 2755 Broadmoor Blvd. Sherwood Park

Phone: 780-449-4047

Email: [info@vitalhealthclinic.ca](mailto:info@vitalhealthclinic.ca)

## Le Soleil Health & Wellness Ltd.

Dr. Robert Pearman MSc, ND, Naturopath

Phone: (780) 414-1466

E-mail: [lesoleilhealthandwholeness@gmail.com](mailto:lesoleilhealthandwholeness@gmail.com)

## Green Apple Health Care:

Dr. Nowazuk, ND

Phone: (780) 485-9468

## **Dr. Stephen Genuis**

Preventative Medicine

Phone: 780-450-3504

## Dr. Tris Trethart, MD.

Phone: (780) 433-7401

## Dr. Mason Wood – Natural Terrain Naturopathic Clinic

Phone: (587) 521-3595

# Physicians, Massage & Chiropractor

## [The Chiro Clinic](#)

Corey Graham

Phone: (780) 460-2290

Laurie – Registered Massage Therapist  
also takes clients living with autism

## [Dr. Kim Crickmay](#)

Restoration Chiropractic

Phone: 780-458-9828

Fax: 780-458-9839

Email: [crickdc@gmail.com](mailto:crickdc@gmail.com)

## [Dr. Bryan Redpath](#)

Chiropractor

Phone: (780) 469-4881

## [Dr. William Farrell](#) BSc., M.Chiro, DACNB

Neurorehabilitation & Chiropractic  
Consultation Services

Phone: 780-988-2615

## [New Dimension Therapies:](#)

(Cranial Sacral Therapy)

Murray Gadica, BA, R.M.T

Phone: (780) 288-0641

## [RESET Wellness](#)

Massage, Acupuncture and Float Therapy

10324 Whyte Ave NW, Suite B02

Phone: 780 756 5265

Email: [contact@resetwellness.ca](mailto:contact@resetwellness.ca)

# Sexual Health

## [Alberta Health Services – Sexual Health Services](#)

No individual education sessions exist for a child or youth on the spectrum. However, if there is a group of individuals interested in education who are able to get together, a facilitator from Sexual and Reproductive Health Program will come out to meet with them and do a session.

## [Compass Centre for Sexual Wellness](#)

A charitable organization that provides sexual health education and counselling services in Edmonton and surrounding communities.

Phone 780-423-3737, E-mail [info@compasscentre.ca](mailto:info@compasscentre.ca)

## [King County Flash lesson plans for Special Education](#)

Comprehensive sexual health education curriculum

## [Insight Psychological – Sexual Issues and Sexuality](#)

Visit Website for Psychologists and Locations

## [The Pride Center of Edmonton](#)

Or on Facebook: <https://www.facebook.com/yegpride/>

An organization that provides information and counselling to those with sexual questions

Phone: 780-488-3234



# Eye Exams for Autistic Children

Children that can answer questions can see optometrists, however request a parent or aide be present to facilitate the exam, including interpretation. Check specializations on the website for the College of Physicians and Surgeons of Alberta

Dr. Stuart/Dr. Bischoff - (780) 448-1141

For non Verbal children, eye care is more difficult Ophthalmologists recommended by the Glenrose require a physician's referral

[U of A Department of Ophthalmology](#) - (780) 735-4111

Dr. Kevin Hennig - (780) 488-5600

Dr. David Cote and Group - (780) 450-3200

Additional Resources:

[Clearly Contacts](#)

[Zenni Optical](#)





# Autism Assistance Dogs

## Dogs With Wings:

Phone: (780) 944-8011

E-mail: [info@dogswithwings.ca](mailto:info@dogswithwings.ca)

## Lions Foundation of Canada:

For ages 3-18

Phone: (905) 842-2891

## National Dog Services

New applications for children between 2-10 yrs

Phone: **(519) 623-4188**

E-mail: [info@nsd.on.ca](mailto:info@nsd.on.ca)

## Aspen Service Dogs

Phone: (780) 488-2797

## Service Dogs in Alberta

Phone: [780-427-9136](tel:780-427-9136) (Edmonton)

Toll free in Alberta: dial [310-0000](tel:310-0000), then the phone number

Email: [servicedogs@gov.ab.ca](mailto:servicedogs@gov.ab.ca)

# Wheelchair Accessibility

[Guide to Room-by-Room Repairs for Easy Accessibility for Disabled Loved Ones](#)

[Wood Ramp Design: How to Add a Ramp that Looks Good and Works Too](#)

[Top 5 things to consider when designing an accessible bathroom for wheelchair users.](#)

[Handicap Accessible Modifications That Won't Turn Off Future Homebuyers](#)

[Creating a Wheelchair-Accessible Backyard For Visitors](#)

[Wheelchair Gardening Tips](#)

[Building An Accessible Garage](#)



# Recreation

## [Inclusive Recreation Guide for People with Disabilities – Fall 2019-Summer 2020](#)

Some programs are designated specifically for individuals with disabilities, however many programs are open to everyone!

### [Edmonton attractions pass](#)

The Edmonton Attractions Pass gives you access to the city's hottest attractions, including the Valley Zoo, Devonian Botanic Gardens, Art Gallery of Alberta, and more!

### [City of Edmonton facility memberships](#)

#### [Leisure access pass](#)

Pass for lower income individuals

### [Access 2 Easter Seals Canada Program](#)

The program seeks to offer more opportunities for people with disabilities to participate in recreational activities, primarily attractions and theatres, with an attendant.

### [P.A.L.S.S](#)

Programs include adapted Pottery classes, Move it Groove it Gym, Adaptive Aquatics and Hang with the Gang a social program for youth and young adults.

Additional Resources:

### [Sports Programs](#)

### [Music Art and Drama Programs](#)

### [Nature Assisted Therapy and Therapeutic Horseback Riding](#)

# Sports Programs

## [Red Cross Adapted Aquatics](#)

Leveled swimming to support children to become independent swimmers and increase their safety, independence, and enjoyment in and around water

## [SwimAbilities](#)

community-based, leveled swimming program is geared for children ages 3 to 16, with special needs, who need additional support to achieve their beginning swimmer goals and to increase their safety, independence, and enjoyment in and around the water.

## [Adapted Swim Lessons at Grant MacEwan](#)

lessons that are tailored to individuals with a wide range of disabilities. Lessons are 1-on-1 with a aquatic instructor

## [Extreme Edge Ice Skating](#) (Under Group Skating Programs)

Ages 4 and up Phone: (780) 456-6851

Email: [extreme.edge@shaw.ca](mailto:extreme.edge@shaw.ca)

## [Capital City Gymnastics](#)

Family drop-in

All ages and all abilities

## [Centre for Autism Services Alberta](#)

Phone: (780) 488-6600 Ext: 216

Email: [info@centreforautism.ab.ca](mailto:info@centreforautism.ab.ca)

Offers a wide range of sports programs for children teens and adults

## [You Can Ride Two](#)

Bike Riding lessons for ages 8 and up

## [Soccability](#)

Adapted Soccer

Phone: (780) 474-2200

## [Tae Kwon Do](#) – Young Masters Club

Contact Jon Rivero (Qi Creative) @ (780) 554-8745

18 and under

## [J'Adore Dance](#)

Phone: (780) 701-4942

Email: Through website

## [Dynamyx – I Can Gymnastics](#)

designed to offer families, children and adults a structured program for individuals with a variety of needs and abilities.



# Music Therapy Art & Drama Programs

## [Soulful Music Therapy:](#)

Phone: (780) 983-8950

E-mail: [christine@soulfulmusic.com](mailto:christine@soulfulmusic.com)

## [Sounds Affects Music Therapy:](#)

Phone: (780) 902-7268

E-mail: [info@soundaffects.ca](mailto:info@soundaffects.ca)

## [Centre for Autism Services Alberta](#)

Phone: (780) 488-6600 Ext: 216

Email: [info@centreforautism.ab.ca](mailto:info@centreforautism.ab.ca)

Offers a wide range of art and drama programs for children, teens and adults.



# Nature Assisted Therapy & Therapeutic Horseback Riding

**Little Bits** - Edmonton, AB

Phone: (780) 476-1233

Email: [info@littlebits.ca](mailto:info@littlebits.ca)

**Dreamcatcher Nature-Assisted Therapy Association**

Phone: (780) 809-1047

Email: [info@dreamcatcherassociation.com](mailto:info@dreamcatcherassociation.com)

Various funding options including FSCD and Blue Cross

**Mission Ridge Stables**

Phone: (780) 886 - 0304

Email: [MissionRidgeStables@gmail.com](mailto:MissionRidgeStables@gmail.com)



# Moms' Groups

## [Autism Edmonton 7 and under Group](#)

This is a group for families who have a child with autism who is age 7 or under. The goal is to... communicate about meeting up monthly for a non-therapeutic get together. Parents need to stay at the group with their children and siblings are invited.

## [Edmonton Autism Mom's Group](#)

This group will be organizing coffees..., play meetings and other social supports within Edmonton

## [St. Albert Autism Moms Coffee Group](#)

This group will be organizing coffees..., play meetings and other social supports within St. Alberta

## [Sherwood Park Autism Moms Group](#)

This group will be organizing coffees..., play meetings and other social supports

## [Spruce Grove/Stony Plain Autism Moms Social Group](#)

We are a group of moms in the Spruce Grove and Stony Plain area that have kids with autism. We g...et together for a sense of community, to share strategies and successes and to celebrate our unique and special kids.

## [Autism Moms – Leduc, Beaumont and South Edmonton](#)

This is a group for mommas of children with autism who live in and around the Leduc, Beaumont an...d the South Edmonton areas. We can hopefully be a support network for one another and get together for coffee/drinks to chit chat.

## [Fort Saskatchewan Autism Moms Group](#)

This is where we can ask questions, get advice, vent, make arrangements for outings and just feel supported



# Groups

## [Infinite Resources Inc.](#)

Small Talk Group (ages 5-7)  
Facilitate Play Group/Date (2-6 children)  
Phone: (780) 886-9303  
Email: [Sheila@infiniteresources.ca](mailto:Sheila@infiniteresources.ca)

## [Khan Communication Services](#)

Play Group (Ages 4-6)  
Phone: (780) 440-3251  
Email: [info@khancommunicationservices.com](mailto:info@khancommunicationservices.com)

## [Center For Autism Services](#)

Play Group (Ages 5 & Under)  
Phone: (780) 488-6600 ext. 216  
Email: [gstanford@centreforautism.ab.ca](mailto:gstanford@centreforautism.ab.ca)

## [Moms Groups](#)

Online Groups

[Local Facebook Pages](#)  
[International Facebook pages, groups and blogs](#)

## [Autism Edmonton 7 and under group](#)

This is a group for families who have a child with autism who is age 7 or under. The goal is to... communicate about meeting up monthly for a non-therapeutic get together. Parents need to stay at the group with their children and siblings are invited.

## [Cerebral Palsy Association in Alberta](#) (CPAA)

All of CPAA's programs are inclusive, which means they are open to everyone regardless of age category or ability.

## [LD Edmonton](#) (Learning Disabilities Association of Alberta)

Social Skills groups  
Phone: (780) 466-1011  
Email: [info@LDEdmonton.ca](mailto:info@LDEdmonton.ca)  
[Facebook Page](#)





# Local Facebook Pages & Blogs

[Autism Edmonton Community Group](#)

[Centre for Autism Services Alberta](#)

[Connecting Autism Parents, Edmonton](#)

[Qi Creative Inc.](#)

[Edmonton and Area Children with  
Apraxia  
Support Group](#)

[Infinite Resources](#)

[Tools for Kids](#)

[Parents of Special Needs Children](#)

[Alberta Autism](#)

[Edmonton Regional Coalition for  
Inclusive Education \(ERC\)](#)

[Canadian Biomed Parents](#)

[Plugged in Community Page](#)

[Children's Autism Services of  
Edmonton](#)

[Autism Awareness Centre](#)



# International Facebook Pages & Blogs

[Diary of a Mom](#)

[Sensational Futures](#)

[Autism Discussion Page](#)

[The Thinking Mom's Revolution](#)

[Asperkids](#)

[Autism Daddy](#)

[Autism with a Side of Fries](#)

[MOM – Not Otherwise Specified](#)

[Single Parents who have Children with Autism](#)

[Autism: A Mother's Support Group](#)

[Stuart Duncan: Autism from a Father's Point of View](#)

[Snagglebox](#)

[A Sensory Life](#)

[Karla's ASD Page](#)

[Always Unique, Totally Intelligent, Sometimes Mysterious](#)



# Local Sensory Product Supplier

## Tools for Kids:

Phone: (780) 455-1004

E-mail: Through website

## Therapyware

## Innovaid:

Phone: (780)-467-7627

Email: [info@innovaid.ca](mailto:info@innovaid.ca)

## Connecting Autism Parents, Edmonton Garage Sale

Facebook Community Garage Sale

## Special Needs Toys

Phone: 1-877-509-7524

## Discovery toys

Phone: 780 - 438 - 6773

E-mail: [toywarrior@hotmail.ca](mailto:toywarrior@hotmail.ca)

# National Sensory Product Suppliers

## Wintergreen Learning Materials

Phone: 1-800-268-1268

## Play Therapy Supplies

Phone: 1-866-590-3991

Email: [info@playtherapysupply.com](mailto:info@playtherapysupply.com)

## School Specialty: Special Needs

Phone: 1-866-519-2816

## Special Needs Toys

Phone: 877-509-7524

## FDMT: Sensory Tools and Solutions

Phone: 1-866-465-0559

## Chill-out Chairs

Phone – 1-800-661-9915

# Autism Focused Articles

- [Autistic Home Decorating: Make Your Home Autism Friendly](#)
- [10 Tips for Getting Your Autistic Child Through a Haircut](#)
- [The Top 3 Challenges to Finding a Babysitter for Your Special Needs Child — and How to Overcome Them](#)
- [The Best Strategies for Calming Autistic Tantrums and Meltdowns](#)
- [Do Sensory Processing Issues Get Better Over Time?](#)



# Autism Websites Canada & USA

[Autism Speaks Canada](#)

[Autism Awareness Centre](#)

[Autism Canada Foundation](#)

[Autism Society Canada](#)

[Special Kidz Canada](#)

[Autism Research Institute](#)

[National Autism Association](#)